

## Masterclass Fetal Growth Restriction

A structured and practical update on  
relevant aspects of fetal growth restriction

**Saturday, 17<sup>th</sup> January 2026**

Van Swieten Saal, Medical University of Vienna  
Van-Swieten-Gasse 1a, 1090 Vienna

[frauenheilkunde.meduniwien.ac.at/masterclass-fgr-2026](https://frauenheilkunde.meduniwien.ac.at/masterclass-fgr-2026)

DEPARTMENT OF OBSTETRICS AND GYNECOLOGY



MEDICAL UNIVERSITY  
OF VIENNA



Vienna Healthcare Group  
University Hospital Vienna

## Speakers

Samira Abdel-Azim

Department of Obstetrics and Feto-Maternal  
Medicine, MedUni Innsbruck, Austria

Julia Binder

Department of Obstetrics and Gynecology,  
Division of Obstetrics and Feto-Maternal Medicine,  
MedUni Vienna/University Hospital Vienna, Austria

Christoph Binder

Department of Pediatrics and Adolescent Medicine,  
Division of Neonatology, Intensive Care Medicine  
and Neuropediatrics, MedUni Vienna/  
University Hospital Vienna, Austria

Amar Bhide

Fetal Medicine Unit, St. Georges University  
Hospital, London, UK

Andrea Dall'Asta

Department of Obstetrics and Feto-Maternal  
Medicine, University of Parma, Italy

Gregor Kasprian

Department of Biomedical Imaging and  
Image-guided Therapy, Division of Neuroradiology  
and Musculoskeletal Radiology,  
MedUni Vienna/University Hospital Vienna, Austria

Elisabeth Krampfl-Bettelheim

FetoMed - Centre for Fetal Medicine and  
Gynecological Ultrasound, Vienna, Austria

Christoph Lees

Fetal Medicine, Centre of Fetal Care, Queen  
Charlotte's and Chelsea Hospital, Imperial College  
Healthcare NHS Trust, London, UK

Bronacha Mylrea-Foley

Maternal and Fetal Medicine Division, University of  
Toronto, Canada

Raffaele Napolitano

Department of Obstetrics and Feto-Maternal  
Medicine, University College London Hospitals NHS  
Foundation Trust, London, UK

Pilar Palmrich

Department of Obstetrics and Gynecology,  
Division of Obstetrics and Feto-Maternal Medicine,  
MedUni Vienna/University Hospital Vienna, Austria

Tamara Stampalija

Fetal Medicine and Prenatal Diagnosis, Institute for  
Maternal and Child Health IRCCS „Burlo Garofolo“  
Trieste, Friuli-Venezia Giulia, Italy

Sophie Stummer

Department of Pediatrics and Adolescent Medicine,  
Division of Neonatology, Intensive Care Medicine  
and Neuropediatrics, MedUni Vienna/  
University Hospital Vienna, Austria

Registration: [frauenheilkunde.meduniwien.ac.at/  
masterclass-fgr-2026](https://frauenheilkunde.meduniwien.ac.at/masterclass-fgr-2026)

Registration fees

95 Euro Trainee/Sonographer/TRUFFLER

145 Euro Standard fee

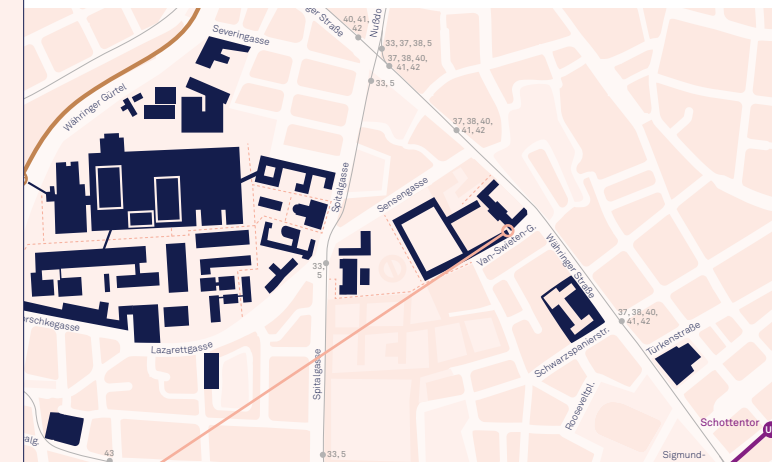
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Van Swieten Saal, Medical University of Vienna  
Van-Swieten-Gasse 1a  
1090 Vienna

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Dear Colleagues,

Our unique one-day Masterclass will provide a structured and practical update on many relevant aspects of fetal growth restriction (FGR).

The speakers will include nationally and internationally renowned experts in the field of fetal medicine.

We are looking forward to welcoming you in Vienna!

Chairs

Julia Binder, Medical University of Vienna  
Christoph Lees, Imperial College London,  
TRUFFLE 2 Group

Organisation

Department of Obstetrics and Gynecology,  
Division of Obstetrics and Feto-Maternal Medicine,  
MedUni Vienna/University Hospital Vienna

Head

Herbert Kiss, Department of Obstetrics and  
Gynecology, Division of Obstetrics and  
Feto-Maternal Medicine, MedUni Vienna/  
University Hospital Vienna

Programme

9.00 – 9.30 am  
Participants' registration

9.30 – 9.45 am  
Greetings  
Authorities and Introduction

9.45 – 10.30 am  
TRUFFLE 2 – What does it all mean?  
Christoph Lees

10.30 am – 12.30 pm  
Why is my baby small?  
Pathophysiology behind FGR

Maternal hemodynamic function in FGR,  
SGA and Preeclampsia  
Julia Binder

Biomarkers in FGR, SGA and Preeclampsia –  
ready to influence clinical management?  
Bronacha Mylrea-Foley

FGR and Genetics – WES for everyone?  
Elisabeth Krامل-Bettelheim

The role of umbilical vein – Should it be measured  
in every baby with FGR? Preliminary data from  
TRUFFLE 2  
Tamara Stampalija

Questions and discussion

12.30 – 1.30 pm  
Lunch

1.30 – 3.40 pm  
Clinical management, Ultrasound,  
Doppler and fetal growth

How to do fetal Dopplers – key tips  
Pilar Palmrich

Timing of delivery before 37 weeks  
Samira Abdel-Azim

Small baby after 37 weeks: Timing of birth  
Raffaele Napolitano

Biometry and Doppler charts:  
Why the differences?  
Tamara Stampalija

Fetal growth velocity and in utero shrinkage  
Christoph Lees

cCTG-Basics – For whom and how?  
Amar Bhide

FGR cases – How to manage a fetus with FGR  
Christoph Lees, Raffaele Napolitano

3.40 – 4.10 pm  
Coffee break

4.10 – 6.00 pm  
Will my baby be ok? Neonatal  
outcome and future implications

FGR – not just a small baby – impact on fetal brain  
Gregor Kasprlan

Growth and early childhood neurodevelopment  
after FGR  
Sophie Stummer

FGR and predictors of outcome  
Andrea Dall'Asta

Individualized nutritional management in  
newborns with FGR  
Christoph Binder

Questions and discussion

6.00 pm  
End of the meeting